EMPATHINK Association for Psychoanalytic SELF PSYCHOLOGY
presents
2015 EAPSP Conference
With Introductory Course in the Five Postulates of Self Psychology

March 26th 2015 — Introductory Course
March 27th – 29th 2015—Conference
Aikenhead Wing, St Vincent’s Hospital, Melbourne

Featured Guest Presenters:

**Robert D. Stolorow** PhD, speaking via SKYPE on “The Evolution of Intersubjective-Systems Theory” and “A Phenomenological-Contextual, Existential, and Ethical Perspective of Emotional Trauma”

**Dr Ed Harari** Consultant Psychiatrist at St Vincent’s Hospital and the Department of Psychiatry at the University of Melbourne, case presentations of “Psychotherapy with mind/body disorders”

**Sidney Bloch** Emeritus Professor in Psychiatry at the University of Melbourne

*In conversation with special guest*

**Kate Grenville** Author of international bestsellers *The Secret River* and *The Lieutenant*

Conference Convenors: Josh White & Enzo Tieppo
8:00am — 8:30 am  Registration

8:30 a.m. — 9:15 a.m.  WELCOME & INTRODUCTIONS  
Josh White

9:15 a.m. — 10:30 a.m.  THE EMPATHIC METHOD  
Josh White

10:30 a.m. — 10:45 a.m. Morning Tea

10:45 a.m. — 12 noon  SELFOBJECT EXPERIENCE  
Angie Rountree

12:00 p.m. — 1:00 p.m.  Light Lunch (provided)

1:00 p.m. — 2:15 p.m.  SELF ORGANIZATION  
Sandra Kay Lauffenburger

2:15 p.m. — 3:30 p.m.  FEELINGS  
Sally McMahon

3:30 p.m. — 3:45 p.m. Afternoon Tea

3:45 p.m. — 5:00 p.m.  STRUCTURALIZATION  
Jeff Ward

5:00 p.m. — 5:20 p.m.  WRAP UP  
Jeff Ward

5:20 p.m. — 5:30 p.m.  THANK YOU  
Ron Lee

---

Aikenhead Wing  
St Vincent’s Hospital Melbourne  
Cnr Nicholson St & Victoria Pde, Fitzroy
Dr Josh White is a Consultant Psychiatrist with a specialised interest in Perinatal mental health and founding director of the Gertrude Street Clinic, located directly behind St Vincent's Hospital Fitzroy, from where he also consults to the St Vincent's Private Hospital Maternity Unit and Special Care Nursery, and to the City of Yarra Maternal Child Health & Family Services. Dr White attained fellowship from the Royal Australia & New Zealand College of Psychiatrists (RANZCP) in 2011 and a Masters of Public Health in 2005 from the University of Melbourne. He completed Psychiatry training at St Vincent’s Hospital, including a year-long Advanced Trainee position at the Mercy Hospital for Women - Heidelberg in 2010. He also provides supervision to St Vincent’s Hospital Psychiatry trainees and teaches in the mid-year Self Psychology course in Melbourne.

Angie Rountree is a graduate of the Melbourne College of Contemporary Psychotherapy who conducts psychotherapy in private practice in Melbourne using Psychoanalytic Self Psychology. She is a faculty member of the Empathink Introductory Course, and co-author of *Five Kohutian Postulates* (2009).

Sandra Kay Lauffenburger is a registered Psychotherapist and Movement psychotherapist in private practice (ACT). She provides training in non-verbal psychotherapeutic theories and provides supervision in Self Psychology. She is a faculty member of the Empathink Introductory Course.

Sally McMahon is a social worker and psychotherapist in private practice in Melbourne using Psychoanalytic Self Psychology. She is a graduate of the Australian College of Contemporary Somatic Psychotherapy where she taught for a number of years. She is a faculty member of the Empathink Introductory Course, and co-author of *Five Kohutian Postulates* (2009).

Jeff Ward is a registered psychologist in private practice (ACT). Formerly, he was Lecturer, Department of Psychology, Australian National University. He teaches on the Buddhism and psychotherapy program of the Australian Association of Buddhist Counsellors and Psychotherapists, as well as being on the faculty of the Empathink Introductory Course.
8:15 a.m. to 9:00 a.m. - Registration
9.00 a.m. — 9:15 a.m.
Conference Welcome
Ron Lee, Josh White & Enzo Tieppo
9:15 a.m.—10:45 a.m.
Jeff Ward
*My life is based on a true story: Kohut’s developmental hermeneutics and the narrative of the self*
Moderator: Sally McMahon
10:45 a.m.—11:15 a.m. - Morning Tea
11:15 a.m.—12:45 p.m.
Ed Harari
*Psychotherapy with mind/body disorders – case 1*
Moderator: Graeme Gibbons
12:45 p.m.—2:15 p.m. - Light Lunch (provided)
2:15 p.m.—3:45 p.m.
Wendy Bunston
*Too difficult to watch? Observing babies in Refuge*
Moderator: Josh White
3:45 p.m.—4:00 p.m. – Afternoon Tea
4:00 p.m.—5:30 p.m.
Greg Mak
*The case of a blood-letting young lady*
Moderator: Irene Kam
5:30 p.m. — Close of Day One
Saturday Featured Lectures

9:00 a.m.—10:30 a.m.

Robert Stolorow via Skype
*The Evolution of Intersubjective-Systems Theory*
Moderator: Ron Lee

10:30 a.m.—10:45 a.m. – Morning Tea

10:45 a.m.—12:15 p.m.

Robert Stolorow via Skype
*A Phenomenological-Contextual, Existential, and Ethical Perspective of Emotional Trauma*
Moderator: Ron Lee

12:15 p.m.—1:45 p.m. – Light Lunch (provided)

1:45 p.m.—3:15 p.m.

Ed Harari
*Psychotherapy with mind/body disorders – case 2*
Moderator: Graeme Gibbons

3:15 p.m.—3:30 p.m. – Afternoon Tea

3:30 p.m.—5:00 p.m.

Sid Bloch
“In conversation with Kate Grenville”
Moderator: Josh White
8:30 am—9:30 a.m.  EAPSP AGM
9:30 a.m.—11:00 a.m.

Ron Lee
*Hospitalisation/Medication/Psychotherapy: A cost effective treatment strategy for first episode Bipolar I patients*
Moderator: Angie Rountree

11:00 a.m.—11:30 a.m. – Morning Tea

11:30 a.m.—1:00 p.m.

David Manks
*Self Psychology Influences on Marriage Therapy: The case of Ralph and Sonya*
Moderator: Enzo Tieppo

1:00 p.m.—1:30 p.m.

Closing Remarks

**Presenter Biographies**

**Robert D. Stolorow**, PhD, is a founding Faculty Member at the Institute of Contemporary Psychoanalysis, Los Angeles, and at the Institute for the Psychoanalytic Study of Subjectivity, New York City. He is the author of *World, Affectivity, Trauma: Heidegger and Post-Cartesian Psychoanalysis* (Routledge, 2011) and *Trauma and Human Existence: Autobiographical, Psychoanalytic, and Philosophical Reflections* (Routledge, 2007) and co-author of eight other books. He received his PhD in Clinical Psychology from Harvard University in 1970 and his PhD in Philosophy from the University of California at Riverside in 2007.

**Dr Edwin Harari** is a Consultant Psychiatrist in the Consultation-Liaison (general hospital) Psychiatry Service, Department of Psychiatry, St Vincent’s Hospital Melbourne, and Clinical Associate Professor of Psychiatry, Department of Psychiatry, University of Melbourne. Dr Harari has particular clinical interests in psychodynamic psychotherapy with individuals, and in couple and family therapy. He has delivered numerous lectures on these subjects, and provides regular teaching seminars and supervision to psychiatry trainees. He has published numerous journal articles and book chapters, including “An historical context” in *An introduction to the psychotherapies*; “Family therapy in the adult psychiatric setting” in *An introduction to the psychotherapies*; “Family therapy” in *Oxford textbook of psychotherapy*; and “The Psychotherapies” in *Foundations of clinical psychiatry.*
Professor Sidney Bloch is Emeritus Professor in Psychiatry at the University of Melbourne. He is a Fellow of the Royal College of Psychiatrists and of the Royal Australian and New Zealand College of Psychiatrists (RANZCP). He was chief editor of the *Australian and New Zealand Journal of Psychiatry* for 13 years and Associate Editor of the *British Journal of Psychiatry* for 10 years. He has published 14 books, several of which have been translated. *Russia’s Political Hospitals* was awarded a prestigious prize by the American Psychiatric Association and *Understanding Troubled Minds* was selected by the mental health organisation SANE as its Book of the Year in 2012. *Psychiatry: Past, Present and Prospect* came out in 2014. Given his conviction that the mental health professions have much to learn from the humanities, he has been “in conversation” with many Australian novelists at conferences of the RANZCP over the past 14 years.

Kate Grenville is one of Australia’s best-known writers. She has published a dozen books, among them the prize-winners *Lilian’s Story*, *The Idea of Perfection* and *Dark Places*. Her historical novels about early Australia (*The Secret River* and *The Lieutenant*) have become international bestsellers. *The Secret River*, inspired by the story of her convict ancestor, won many prizes including the Commonwealth Prize and was shortlisted for the Man Booker Award. A sought-after teacher of writing, she has also published two books about the writing process which have become standard texts for classes and workshops in creative writing.

Jeff Ward is a registered psychologist in private practice (ACT). Formerly, he was Lecturer, Department of Psychology, Australian National University. He teaches on the Buddhism and psychotherapy program of the Australian Association of Buddhist Counsellors and Psychotherapists, as well as being on the faculty of the Empathink Introductory Course.

Wendy Bunston is a senior clinical social worker, family therapist and infant mental health clinician in private practice, an associate lecturer and PhD candidate at La Trobe University, Melbourne. Her dissertation is “How Refuge Provides ‘Refuge’ to Infants, who come with their mothers come into crisis accommodation to escape family violence. Wendy previously managed the multi-award winning “Addressing Family Violence Programs” in the Integrated Mental Health Program of Melbourne’s Royal Children’s Hospital. She has a Masters in Family Therapy and further post graduate qualifications in Organisational Dynamics and Infant Mental Health, and is a graduate of the International Scholars Program at Mt Sinai Hospital in New York. Wendy has authored multiple articles, chapters and books published nationally and internationally predominantly in family violence, as well as group work, adolescent sex offenders, child protection, supervision and social work.
Dr Greg Mak  MBBS is an Associate Consultant in General Adult Psychiatry at Castle Peak Hospital, Hong Kong. Dr Mak graduated from the Faculty of Medicine, University of Hong Kong in 2003 and completed his training in Psychiatry in 2011 at university-affiliated hospitals in Hong Kong. Dr. Mak has also completed training in sexology, sexual medicine, marital and family therapy, and is a certified sex therapist in Hong Kong and Florida, USA. Dr. Mak developed an interest in psychoanalytic psychotherapy during his third year of Psychiatry training where he worked under the supervision of Dr. Teresa Chan and Dr. Irene Kam at Tai Po Hospital, Hong Kong and later with Lou Pansulla, USA. He developed a particular interest in Self Psychology when Dr. Ronald Lee started travelling to Hong Kong to provide teaching on this subject.

Dr. Ron Lee  Born in Melbourne in 1930, Ron studied history (B.A. Hons) at The University of Melbourne (and Queen’s College) before studying in the U.S. - theology at Garrett Theological Seminary (M. Div.), psychology at Northwestern University (Ph. D.), and psychotherapy as a Post-Doctoral Fellow at the Menninger Foundation, Topeka, Kansas. He was first author of Psychotherapy After Kohut (1991), and Five Kohutian Postulates (2009), which came out of his teaching and practicing psychotherapy in Chicago for 29 years and his immersion in the psychoanalytic theory of Heinz Kohut. In 2011 he published Special Positive Experiences: From Youthfulness to WEACH as a result of co-teaching an Extension Course for PLC students. Under his company name Empathink, Ron still practices psychotherapy, supervises and teaches. Some of his articles may be obtained on the Empathink website. He is the Founding President of the Empathink Association for Psychoanalytic Self Psychology, an affiliate of the International Association of which he was a Council member for six years. He lectured on Kohut for 15 years in the MPM program, is an Honorary Senior Fellow in the Department of Psychiatry, University of Melbourne, and has supervised psychotherapy cases of Psychiatric Registrars at St. Vincent’s Hospital. For the last six years, Ron has been Honorary Advisor, Department of Psychiatry, New Territories East Cluster, Hong Kong. He has produced five DVDs (10 power point presentations each) called, Advancing and Broadening Psychoanalytic Self Psychology.

David Manks  is a registered psychologist in private practice in Geelong Victoria. He came to psychology practice, with a particular interest in Self Psychology, eight years ago. He brings a background of pastoral care, counselling and community development having been a Uniting Church Minister for over thirty years serving in rural and provincial city parishes in Victoria and chaplaincy within mental health, residential disability services, as well as public and private hospital settings. He has been working with couples in pre-marriage and marriage counselling for many years. He has been significantly involved in disaster response services to directly affected people (so called victims) and emergency services personnel, and is a former accredited Clinical Pastoral Education (CPE) clinical pastoral supervisor.